

CHRISTMAS BY THE WATER HOLIDAY COLLECTION

Christmas by the Water

The magic of Christmas in Australia and New Zealand is different from anywhere else in the world.

From crystalline coastlines to sparkling rivers and bays, our celebrations flow outdoors, where sunlight dances on the water like lights on a tree.





Holiday Oils

Holiday Peace 15mL

Create a calming ambience amidst the Christmas rush.

Holiday Peace blends Siberian, Douglas, and Himalayan Firs with Grapefruit, Frankincense, and Vetiver to bring grounding and serenity into your space. Its crisp, woodsy aroma balances the season's excitement with soothing stillness, inviting everyone to pause to breathe.

Why It Makes the Perfect Gift:

It creates a pocket of peace among the busy rush of festive preparations. It's the perfect companion for quiet evenings, mindful Christmas traditions, or simply finding calm in the heart of the holidays.

Holiday Peace Body Butter

Ingredients:

10 drops Holiday Peace 5 drops Wild Orange ½ cup shea butter ¼ cup coconut oil



Method:

Melt shea butter and coconut oil together, cool slightly, then whip with a hand mixer. Add essential oils and spoon into jars.





Diffuser Blends

Silent Night

- 3 drops Holiday Peace
- 2 drops Frankincense
- 2 drops Bergamot

Coastal Calm

- 3 drops Holiday Peace
- 2 drons Lime
- 1 drop Spearmint

Holiday Joy™ 15mL

Fill your home with the scent of the season.

Holiday Joy is a sparkling blend of Wild Orange, Clove, Cassia, Siberian Fir, and Peru Balsam that captures the magic of Christmas in a bottle. With notes that are both warm and uplifting, it transforms any space into a festive haven: comforting, cosy, and joyfully fresh.

Why It Makes the Perfect Gift:

It's the scent of holiday memories in the making, perfect for family gatherings, tree decorating, or simply creating an atmosphere that feels like Christmas.

Holiday Joy Foaming Hand Soap



Ingredients:

12–15 drops Holiday Joy 2 tablespoons liquid castile soap (unscented) 1 tablespoon Fractionated Coconut Oil Filtered water

Method:

- Add castile soap and Fractionated Coconut Oil to a foaming soap dispenser.
- 2. Add drops of Holiday Joy.
- 3. Fill the rest with water, leaving a little space at the top for the pump.
- 4. Shake gently before use.



Diffuser Blends

Citrus Wonderland

3 drops Holiday Joy

1 drop Bergamot

Spiced Summer Garden

3 drops Holiday Joy

2 drops Lavender

2 drops Lemon

SKU 60220217

Holiday Joy 15mL

Retail AU\$60.00 NZ\$67.00 Wholesale AU\$45.00 NZ\$50.00

PV 30

Save 20% when you purchase both Holiday Oils

SKU 60232690

Holiday Oil Bundle

(Holiday Joy 15mL & Holiday Peace 15mL)

Retail AU\$96.00 NZ\$106.00 Wholesale AU\$72.00 NZ\$79.00

PV 45



Serene Nights Set

Transform bedtime into a soothing ritual. The Serene Nights Set pairs the calming aroma of Lavender with the indulgence of pure silk to create the ultimate wind-down experience.

dōTERRA Lavender Peace® Stick+Valerian 30g

One of our top-selling products and a true family favourite. This easy-to-use stick makes winding down simple, with a relaxing aroma that helps create calm moments for the whole household.

Mulberry Silk Pillowcase

Soft, smooth, and gentle on skin and hair, this luxe pillowcase transforms your sleep into a nightly ritual of comfort. The breathable silk keeps you cool while adding a touch of everyday luxury.

Lavender essential oil 5mL

Loved for its timeless aroma, Lavender is the oil of calm and care. A few drops can help create restful spaces, soothe skin, and bring balance to your daily routine.

Together, they invite a moment of stillness, relaxation, and a touch of everyday luxury.

Your bedtime ritual:

- Glide the Lavender Peace Stick over your temples, wrists, or chest to signal it's time to unwind.
- 2. Smooth the Mulberry Silk Pillowcase onto your pillow for a cool, gentle touch that cares for both skin and hair.
- 3. Diffuse Lavender essential oil or add a drop to your pillowcase to surround yourself with calm as you drift off.

For more ways to unwind and to explore our 3-step sleep system, view our Sleep & Essential Oils ebook

Why It Makes the Perfect Gift:

Give the gift of better rest. Thoughtfully designed to help you slow down, create a calming space and wake up feeling refreshed, this trio is the ideal gift for anyone dreaming of more peaceful nights.



Summer Blossom Set

Step into summer elegance with the timeless beauty of gardenia. Known for its creamy, floral aroma, gardenia carries the feeling of a botanical garden in bloom and quiet, sunlit mornings.

This duo pairs the nourishing Gardenia Restorative Hand Cream with the delicate Gardenia Touch 10mL, a roll-on that doubles as a natural perfume. Together, they transform simple moments into something special.

Gardenia Restorative Hand Cream 74mL

Luxurious and deeply nourishing, this lotion softens hands while surrounding you with the elegant, floral notes of gardenia. A daily ritual that is hydrating for the skin and rousing to the senses.

Gardenia Touch 10mL

A pocket-sized perfume alternative with the creamy floral aroma of gardenia. Easy to roll on anytime, it adds a touch of beauty and elegance to your everyday moments.

Why It Makes the Perfect Gift:

The tropical and sophisticated aroma creates an everyday ritual that feels like pure indulgence. The lotion leaves skin soft and hydrated while Gardenia Touch offers an elegant fragrance in a convenient roll-on



Gardenia

Little Luxuries Duo

Discover the secret to glowing skin that lasts long beyond the summer festive season. The Yarrow|Pom Collection combines antioxidant-rich Yarrow|Pom essential oil with cooling eye masks, designed to nourish, refresh and restore a luminous appearance.

Yarrow|Pom Revitalising Eye Mask

Revive tired eyes with this cooling eye mask that restores brightness, firms under-eye skin and refreshes your look in minutes.

Yarrow|Pom 15mL

A powerhouse for radiant skin, this antioxidant-rich oil blend deeply nourishes and promotes a luminous, healthy glow.



Radiant Ritual Kit

Refresh your skin and calm your mind in one simple step. The Frankincense Hydrosol Mist is a gentle, water-based extract that hydrates, tones, and soothes, perfect for warm summer days or mindful evening wind-downs. Paired with the Silk Head Band, this duo transforms your skincare routine into a grounding ritual of self-connection.

Frankincense Hydrosol Mist 100mL

A refreshing facial mist that hydrates, soothes, and grounds with the gentle aroma of Frankincense.

Silk Headband

Soft and luxurious, it keeps hair comfortably in place, so every self-care ritual feels effortless.

Why It Makes the Perfect Gift:

It creates a luxurious sensory experience that unfolds with every spritz, with powerful skin-soothing and radiance boosting properties.



SKU 60231893

Radiant Ritual Kit

AU\$86.00 NZ\$94.00 Retail Wholesale AU\$64.00 NZ\$70.00

PV 24

What is Frankincense?

Known as the 'King of Oils', Frankincense has been treasured for thousands of years for its warm, grounding aroma and powerful beautifying properties.

It's a staple for radiant skin, helping to revitalise your complexion when applied topically and reduce the appearance of imperfections for a luminous, flawless finish.

Beyond skincare, Frankincense is also loved for its deeply soothing qualities. When diffused or inhaled, it promotes feelings of peace, relaxation, and

Our Frankincense Hydrosol Spray captures everything that makes this oil so special. A single spritz delivers instant hydration, calms the skin, and leaves you with a healthy, radiant glow all year round. Use it as part of your daily skincare ritual, to refresh on warm days, ease festive stress, or simply as a luxurious pick-me-up. Whether gifting it to someone special or treating yourself, it's an essential for feeling radiant from the inside out.



dōTERRA IKISE™ Booster Oil 27mL

Light up the room with a single drop. Beautifully packaged in a seasonal gift box, the IKISE Booster Oil is designed to refine skin texture, boost your summer skincare glow and enhance your daily routine with its unique, layered fragrance profile. More than simply skincare, it's a sensory experience that helps you pause, reset, and enjoy a moment of calm.

Taking time to gently massage this oil into your skin turns a simple step into a daily ritual that feels grounding and restorative.



Pro Tips

Daily Rituals

- Morning reset: Massage 2-3 drops into freshly cleansed skin before your moisturiser or sunscreen. This primes skin, helps refine texture, and lets the natural fragrance of IKISE carry you into the day feeling uplifted.
- Evening renewal: Press a few drops into your face, neck, and chest after cleansing at night.
 Pair with a gua sha or facial roller to encourage circulation and ease tension.
- Post-shave calm: Massage a small amount into skin after shaving to help soothe dryness and carry the refreshing IKISE aroma.

Why It Makes the Perfect Gift:

It's an intentional touch of luxury that makes everyday care feel special. Whether gifting someone special or treating yourself, it gives an effortless glow that is perfect for summer gatherings or Christmas events.

After-Sun Soothing Oil

A lightweight, nourishing oil blend that helps cool and comfort skin after a day outdoors while leaving a subtle, grounding scent.

Ingredients (50mL spray or pump bottle)

- · 10 drops IKISE Booster Oil
- 3 drops Lavender essential oil (calming, skin-soothing)
- 2 drops Peppermint essential oil (for a light cooling effect, optional)
- 30mL Fractionated Coconut Oil (absorbs quickly, hydrates deeply)
- 15mL aloe vera oil or gel (soothes heat-stressed skin)
- 5mL jojoba oil (balances and softens)

Instructions

- Combine all ingredients in a clean 50mL dropper bottle.
- 2. Shake gently before each use.
- 3. Massage onto arms, legs, and shoulders after sun exposure.

Find out more about our IKISE skincare range: View our IKISE™ Skincare system ebook









Golden Glow Bundle

Bring light and uplifting energy into any space. The Lumist Metallic Diffuser adds a touch of modern elegance to any room, while Sunny Citrus fills the air with a joyful burst of Wild Orange, Grapefruit, and Peppermint.

Lumist Metallic Diffuser

Elevate your space with the refined glow of the Lumist Metallic Diffuser. Its sleek metallic finish adds contemporary luxury, while soft ambient light creates a calming atmosphere. Pair with your favourite essential oils to gently disperse mist, refresh the air, uplift your mood, and set the perfect ambience for relaxation.

Sunny Citrus 15mL

Sunny Citrus is a radiant blend capturing the best of summer scents. With sparkling citrus top notes and a touch of sweetness, it feels bright, energising, and carefree. Perfect for uplifting moods and refreshing everyday rituals.

Why It Makes the Perfect Gift:

Sunny Citrus is an instant mood-booster. It is light, sparkling scent is ideal for early mornings, family gatherings, or anytime you want to feel recharged and inspired. Whether treating a loved one or yourself, it's perfect for boosting positivity.



SKU 60231894

Golden Glow Bundle

Retail AU\$99.00 NZ\$108.00 Wholesale AU\$74.00 NZ\$81.00

PV 20

Sunny Citrus Sugar Scrub

Ingredients:

15 drops Sunny Citrus
1 cup raw sugar
1/2 cup Fractionated Coconut Oil

Method:

Combine ingredients in a bowl, mix well, and spoon into a jar.



Golden Bloom

3 drops Sunny Citrus 2 drops Lavender 1 drop Geranium

Evening Sunshine

3 drops Sunny Citrus2 drops Frankincense1 drop Wild Orange

Ocean Breeze Bundle

Take the vibrant energy of the coast with you wherever you go. The bright, citrusy aroma of Costa Brio uplifts the senses and refreshes the spirit, while the Aroma Clip Diffuser makes it simple to enjoy the scent in your car, workspace, or on the move. Together, they bring the vibrancy of the sunshine and refreshing sea breeze to even the busiest days.

Costa Brio® 15mL

Costa Brio is a radiant, citrus-forward blend crafted to energise the mind and brighten the mood. It combines:

Wild Orange – rich in limonene, known for its cleansing and uplifting properties.

Lemon – zesty and refreshing, supporting focus and clarity.

Grapefruit – bursting with antioxidants, its crisp aroma promotes positivity.

Mandarin – sweet and calming, offering a gentle balance to the sharper citrus notes.

Bergamot – a unique citrus with linalool and linalyl acetate, adding a soft, soothing depth.

Copaiba – grounding and rich in betacaryophyllene (BCP), known to support calm and resilience.

Balsam Fir – fresh and woodsy, adding a restorative, grounding base note.

Why It Makes the Perfect Gift:

With its bright citrus-herbal notes and convenient clip-on diffuser, the Ocean Breeze Bundle supports clarity and renewal on the go, making it the perfect pick-me-up for early starts, weekend adventures, or whenever they need to feel recharged.

SKU 60231866

Ocean Breeze Bundle

Retail AU\$67.00 NZ\$74.00 Wholesale AU\$50.00 NZ\$55.00 PV 25





Return to Nature Bundle

Shinrin-Yoku, or "forest bathing," is the Japanese practice of immersing yourself in the atmosphere of the forest to restore balance and calm. The Shinrin-Yoku™ Forest Bathing Blend captures that experience in a bottle, weaving together the fresh notes of Lemon, Grapefruit, and Petitgrain, the serene florals of Magnolia, Geranium, and Lavandin, the grounding warmth of Cardamom and Patchouli, and the cleansing woods of Siberian Fir, Hinoki, and Cypress. It feels like stepping into a sunlit forest, where every breath brings renewal.



dōTERRA Shinrin-Yoku™ Bath Oil 125mL

Inspired by the restorative practice of forest bathing, this indulgent bath oil blends sweet almond, olive, and grapeseed oils with the grounding Shinrin-Yoku Forest Bathing Blend. It deeply moisturises while releasing the fresh scent of the forest, creating a moment of calm just for you.

How to Use:

- Pour 2-3 capfuls into your bath and let the aroma transport you to a tranquil forest escape.
- Massage a small amount directly into skin for softness, hydration, and a lingering, earthy-luxe scent.



Why It Makes the Perfect Gift:

Gifting this blend is like giving someone their own escape. It's a moment of self-care to pause, breathe, and feel refreshed.

For more Shinrin-Yoku calming self-care favourites to gift to your loved ones or treat yourself, visit documents.com/au/body-care

dōTERRA Shinrin-Yoku™ Hand & Body Lotion 125mL

Carry the serenity of the forest wherever you go. This aromatic lotion fuses rich botanicals and oils with the restorative Shinrin-Yoku Forest Bathing Blend to provide all-day hydration. Lightweight yet deeply nourishing, it leaves skin soft, smooth, and lightly scented with the calming freshness of the outdoors.

How to Use:

- Massage into hands and body daily to lock in hydration and leave skin soft and smooth.
- Focus on dry patches like elbows and knees for extra comfort and care.

dōTERRA Shinrin-Yoku™ Sleep Mask 50g

Drift into the stillness of the forest as you sleep. This intensive overnight mask deeply hydrates skin and soothes the spirit with the balancing aroma of the Shinrin-Yoku Forest Bathing Blend. While you rest, it works to nurture more luminous-looking skin, so you wake with a dewy morning glow and a sense of calm.

How to Use:

- As a final step in your night ritual, smooth two pearl-sized amounts over your skin and leave overnight.
- For a lighter touch, apply a single pearl-sized amount as an intensive night cream.

Cosy Creatures Bundle

The Wombat Diffuser has become a family favourite and it's easy to see why. With its soft glow and gentle mist, it brings comfort and calm to every part of the home.

This year, it's paired with two grounding essentials: döTERRA Balance® 5mL & döTERRA Steady® 5mL. Balance anchors emotions and restores a sense of ease, while Steady™ is a gentle blend that's designed to support everyday resilience.

Together, they create peaceful spaces for the whole family. Diffuse Balance in the living room to reset after a busy summer's day or keep the Wombat by the bedside with Steady for a soothing bedtime ritual.

Why It Makes the Perfect Gift:

With \$5 from each purchase donated to doTERRA Healing Hands Foundation AUNZ® to support charity partners, it's a thoughtful gift that nurtures calm for the whole family through the holiday season and well beyond.

SKU 60232861

Cosy Creatures Bundle

Retail AU\$134.00 NZ\$146.00 Wholesale AU\$100.00 NZ\$109.00 PV 30



Balance Diffuser Blends

Evening Reset

4 drops Balance 2 drops Lavender 1 drop Frankincense

Morning Harmony

2 drops Balance2 drops Peppermint2 drops Lemon



Steady Diffuser Blends

Gentle Wind Down

3 drops Steady 2 drops Lavender 1 drop Roman Chamomile

Playful Calm

3 drops Steady2 drops Wild Orange1 drop Vanilla



About the Charity

The doTERRA Healing Hands Foundation AUNZ exists to create lasting, positive change, Transforming Communities Together. We ignite the power of our people and resources to create transformative impact in doTERRA sourcing communities and beyond. Through sustainable, community-led initiatives, we help break the cycle of poverty and disadvantage, building pathways to self-reliance and opportunity where every community can thrive.



Gifts with Impact



Little Blue Bundle (Exclusive to Australia)

This Christmas, give a gift that truly gives back. The Little Blue Bundle includes Little Blue, a symbolic companion that represents hope and courage, as well as a soothing Vetiver 15mL, chosen for its grounding, restorative aroma.

What makes this bundle even more special is its impact: 100% of proceeds are donated to Blue Dragon Children's Foundation, helping protect and empower vulnerable children in Vietnam.

With every Little Blue Bundle gifted, you're not only sharing wellbeing, but you're also helping create brighter futures.

Why It Makes the Perfect Gift:

It's a thoughtful, balancing gift with meaning, making a difference well beyond Christmas.

About the Charity:



Blue Dragon Children's Foundation is a charity

that helps rescue children in crisis in Vietnam. They aim to end human trafficking with holistic interventions such as rescuing children from places of slavery, providing street outreach to homeless children, building houses and community infrastructure and establishing long-term systems to keep young people safe.

Christmas Cards

A small gesture with a big impact.

Our festive Christmas cards are the perfect finishing touch for your gifts, while also giving back in a meaningful way. With 100% of proceeds donated to **Friends With Dignity**, every card helps bring hope and support to families rebuilding their lives.

About the Charity:



Friends with Dignity's Little Friends
Scholarships provide financial support
towards education and extracurricular
activities for children impacted by domestic
and family violence.

Through this support, Friends with Dignity aims to remove barriers and enable all children to participate in activities they may not be able to pursue otherwise, due to the financial impact of domestic violence.

SKU 60230206

Christmas Cards 5pk

Retail AU\$14.00 NZ\$15.00 Wholesale AU\$10.00 NZ\$11.00 PV 0



A Little Bit Special

Geranium

Fresh and floral, bringing balance and uplifting energy.

Lavender

Soothing and calming, for a moment of reprieve and relief.

Bergamot

Bright and citrusy, a burst of sunshine for hands and spirit.



Single Hand Creams

Single Hand Creams Tree Decorations 30mL

Last year, you adored them as a trio. This year, each hand cream shines on its own, making the perfect little treasure to slip under the tree or hang as a thoughtful decoration.

Each cream is infused with CPTG® essential oils, natural seed oils, and vitamin-rich ingredients to leave hands soft, nourished, and beautifully scented. With three unique aromas, there's a hand cream to match every mood and moment of the season.

Why It Makes the Perfect Gift:

It's a versatile and fun gift that's ready to tuck onto tree branches, into stockings, or straight into your handbag for festive glow on the go.

SKU 60229210

Geranium Hand Cream 30mL

Retail AU\$24.00 NZ\$27.0

Wholesale AU\$18.00 NZ\$20.0

Retail AU\$24.00 NZ\$27.00 Wholesale AU\$18.00 NZ\$20.00 PV 6

SKU 60229199

Lavender Hand Cream 30mLRetailAU\$24.00NZ\$27.00WholesaleAU\$18.00NZ\$20.00PV 6

SKU 60229198

Retail AU\$24.00 NZ\$27.00 Wholesale AU\$18.00 NZ\$20.00 PV 6

