

# mum

Pure Care. Pure Lōve.

Mother's Day Collection





doTERRA  
Mother's Day  
**Collection 2026**  
Pure Care. Pure Lōve





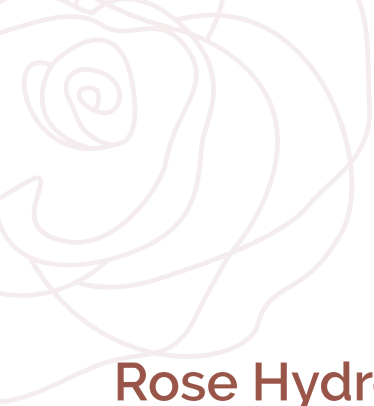
## Pure Care. Pure Lōve

Honour the most precious of bonds with gifts formulated with nature's most precious offerings. This Mother's Day, show your appreciation and admiration with limited edition favourites made with some of our rarest essential oils.

Carefully harvested and gently distilled with the greatest care, these clean beauty treasures and self-care luxuries are selected to be worthy of the woman that does it all.

Lovingly packaged and ready to gift, every offering has been chosen to show her how special she is, while supporting her wellbeing with low-tox formulations.





## Rose Hydrosol Mist

### 100mL

*Treat her to simple, luxurious hydration with the Rose Hydrosol Mist.*

Expertly hydro-steam distilled from Damask rose petals, this gentle, sweet-smelling beauty favourite is infused with the power of pure Rose essential oil, directly from the dōTERRA distillation facility in Bulgaria.

Like a cool drink of water for the skin, it revitalises and refreshes while delivering a weightless veil of hydration. Each mist leaves the complexion looking luminous while surrounding the senses with the uplifting aroma of a rose garden in bloom.

### Usage Tips

- Use on clean skin as a first step in your morning skincare routine or the final step in the evening.
- Mist lightly over makeup to set and leave a soft, dewy finish.
- Spray onto the neck, body or hair throughout the day for a refreshing lift.
- Pair with Moringa Rose Nourishing Oil for enhanced hydration.

### Why She'll Love It

The hero ingredient is the 'Queen of Oils,' Rose essential oil, delicately extracted from Damask Rose petals. It takes more than 10,000 freshly picked rose blossoms to produce just one 5mL bottle, making it a gift as precious as she is.



# Moringa Rose Nourishing Oil

## 30mL

*For when her skin deserves the royal treatment.*

Infused with the Queen of Essential Oils for skincare and emotional wellbeing, Rose, and nutrient-rich Moringa seed oil, this luxurious facial oil supports a luminous and dewy complexion. Lightweight and fast absorbing, it works quickly to reduce the appearance of imperfections and promote a healthy, even skin tone, without heavy fragrances or synthetic additives. With its deeply nourishing qualities and grounding aroma, it is ideal for mindful moments of self-care.

### Usage Tips

- Apply to the face morning or evening after cleansing with dōTERRA IKISE™ Face Wash to nourish the skin.
- Use as a moisturising layer before applying sunscreen.
- Combine with Rose Hydrosol Mist for additional hydration.

### Why She'll Love It

Combines African Moringa oil and Bulgarian Rose essential oil; packed with vitamins, minerals and essential amino acids, this rich blend of nutrients works to nourish the skin and support a radiant complexion.





# Harvesting Hope

## Sourcing Rose & Moringa Oil

Made with a clean, simple formula from African Moringa oil and Bulgarian Rose essential oil. Through sustainable sourcing efforts in Kenya, Uganda and Tanzania, dōTERRA supports small scale farmers and continues a commitment to both quality and community in both Africa and Bulgaria.

## Bulgarian Rose Essential Oil

Beginning in early May, the rose harvest shapes daily life across Bulgaria's Valley of the Roses, driving both the social landscape and local economy for weeks. Through **dōTERRA's Co-Impact Sourcing®** initiative, farmers in this remote region receive fair, on-time payment for their work.

With nearly a quarter of the population living at or below the global poverty line, creating sustainable economic opportunities plays an important role in supporting communities and revitalising Bulgaria's long-standing agricultural heritage.

dōTERRA  
**cō·impact**  
SOURCING

*Cō-Impact Sourcing® supports both local farmers and the environment by seeking ways to minimise our impact through better farming practices.*



## Skincare Ritual

*Featuring Rose Hydrosol Mist and Moringa Rose Nourishing Oil*

- ① Gently cleanse your face using dōTERRA IKISE™ Face Wash. Lather for at least 60 seconds, working into the face and neck in circular motions. Gently pat dry.
- ② Lightly spray the Rose Hydrosol Mist over your face and neck to hydrate and refresh.
- ③ While your skin is still slightly damp, apply two or three drops of Moringa Rose Nourishing Oil over your skin, working in an upwards motion.  
Applying nourishing oils while the skin is still damp helps enhance absorption and supports a lasting, hydrated glow.



# Clean Beauty Tips

Featuring Moringa Rose Nourishing Oil

dōTERRA Moringa Rose Nourishing Oil is formulated with vitamin-rich oils that are known to support glowing skin.

Naturally rich in essential fatty acids and antioxidants, the nourishing blend helps calm the skin and support overall skin health with its anti-inflammatory properties.

Beyond facial care, these nutrient-dense ingredients support strong, resilient hair, making it a versatile addition to her beauty rituals.



## Quick Tip

### Hair and Scalp Treatment

Massage a few drops directly onto scalp and leave for 30 minutes before washing.

This helps to nourish, reduce dandruff and promote hair growth.

Mix with Tea Tree or Peppermint essential oils for refreshing benefits!

Because this natural formulation won't clog pores, it can also help with acne prevention and healing.

### Targeted Spot Treatment

Apply a small amount directly to areas of concern and gently press into the skin.

The nourishing oils help calm redness, reduce inflammation and support the skin's healing process.

## DIYs

### Deep Conditioning Hair Mask

Leave hair feeling soft, smooth and glossy while reducing frizz and flyaways.

- 1 tsp Moringa Rose Nourishing Oil
- 1 tsp Fractionated Coconut Oil
- 3 drops Geranium essential oil

#### Method

Combine all ingredients and massage onto dry hair, focusing on the ends of the hair. Leave for 30 minutes or overnight, then wash.

### Healthy Hair Growth Serum

Revitalise your hair with this nourishing serum designed to strengthen strands and promote a healthier scalp.

- 1 tsp Moringa Rose Nourishing Oil
- 3 drops Rosemary essential oil
- 2 drops Cedarwood essential oil

#### Method

Combine all ingredients and massage into scalp 1-2 times per week before washing.

**\$10** from  
each purchase  
is donated to  
**dōTERRA**  
Healing Hands  
Foundation  
AUNZ

## Blue Lotus Touch

### 10mL

*An enchanting aroma that's like getting fresh flowers, every day.*

Blue Lotus, also known as the water lily, is a striking blue flower revered in ancient cultures as a symbol of femininity, long life, health and good luck.

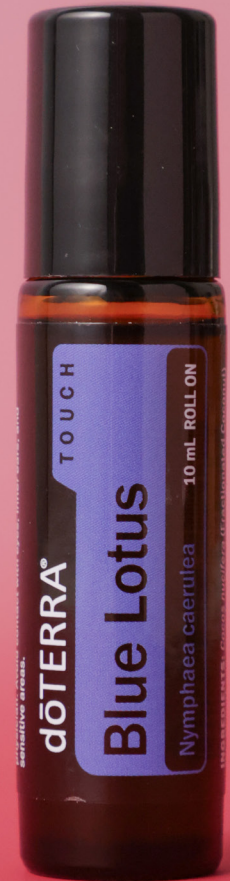
Traditionally used to support emotional calm and relaxation, its rich floral aroma is prized for encouraging calm and a sense of stillness. Pre-diluted in Fractionated Coconut Oil for gentle, ready-to-use application, its roll-on format makes it easy to enjoy its soothing properties and captivating scent throughout the day.

### Usage Tips

- Apply to the neck and wrists as an exquisite personal aroma.
- Use as part of your daily skincare routine for soft-looking skin.
- Roll lightly onto the scalp and hair after showering to help lock in moisture.
- Roll onto your feet or back as part of a grounding massage.

### Why She'll Love It

Blue Lotus is as versatile as it is fragrant. Squalene, a chemical constituent, supports skin barrier function and helps to maintain softness, while the captivating floral aroma will leave a memorable impression wherever she goes.





# Harvesting Hope

## Sourcing Blue Lotus

Blue Lotus is grown in carefully tended, pesticide-free ponds in Guangzhou, China, where local farmers cultivate the flowers by hand.

Through Co-Impact Sourcing<sup>®</sup>, meaningful employment has been created within the community. Many farmers who once needed to travel to distant cities for factory work can now remain close to their families while earning a stable, fair income.

A portion of each harvest is used for Blue Lotus essential oil while the remaining flowers continue to supply local markets, so farmers have a reliable source of income.

Even the leftover plant material is returned to the land as mulch, creating a cycle of sustainability from pond to soil.

Through this initiative, more than 90 jobs are supported and 285 lives are positively impacted!



*Cō-Impact Sourcing<sup>®</sup> supports both local farmers and the environment by seeking ways to minimise our impact through better farming practices.*



# Clean Beauty Tips

Featuring Blue Lotus Touch

## Quick Tip

### Natural Glow Highlighter

Roll lightly across cheekbones and temples, then tap gently with fingertips.

This creates a soft, dewy glow while leaving a delicate floral aroma on the skin. It's perfect for no-makeup days or adding a natural highlight over foundation.

### Cuticle and Nail Nourisher

Apply a small amount around each cuticle and massage gently.

The nourishing carrier oil helps soften dry cuticles and adds shine to nails while leaving a captivating, delicate scent on the skin.

### Reviving Under-Eye Roller

Roll delicately along the under-eye area after applying moisturiser.

The lightweight oil helps soften the delicate skin around the eyes while the calming aroma creates a soothing moment of self-care.

### Natural Brow Groomer

Glide the roller lightly across brows, then brush through with a spoolie.

This helps tame unruly brows and adds a subtle natural sheen without using heavy waxes or gels.





## Yarrow|Pom Duo

*A pairing that feels both indulgent and deeply nourishing to skin.*

This duo combines antioxidant-rich dōTERRA Yarrow|Pom 15mL oil with the dōTERRA Yarrow|Pom Revitalising Eye Mask. Together, they form a complete skincare system, delivering both immediate radiance and long-lasting nourishment.

The hydrogel masks hug the delicate under-eye area to help hydrate, smooth and refresh the appearance of tired skin, while Yarrow|Pom oil supports skin that appears luminous and hydrated. Every time you take a moment to use these together, you're reminding yourself that you are worth slowing down for. These rituals boost confidence and leave you feeling as radiant as you look.

## Yarrow|Pom Revitalising Eye Mask

(available for individual purchase)

Our cooling hydrogel eye masks work to hydrate and brighten the undereye area while reducing the appearance of fine lines and wrinkles, contributing to a revitalised, well-rested appearance. They are rich in powerful bioactive compounds and skin-protecting proteins known to moisturise and nourish the skin around the eye.

The ultimate treat for mums that do it all, these powerful self-care favourites turn a spare moment into pure luxury.



## Yarrow|Pom Oil

15mL

(available for individual purchase in 30mL size)

An expertly crafted proprietary blend of Yarrow essential oil and cold-pressed Pomegranate seed oil, this is designed to be your 'go-to' blend for morning and evening skincare. This synergistic and first-of-its-kind blend for dōTERRA promotes the appearance of a smooth, glowing complexion. When used topically, this aromatic powerhouse may help revitalise the appearance of skin and to promote healthy-looking skin.

### Usage Tips

- Apply the hydrogel eye masks to clean skin and leave in place for at least 20 minutes to brighten the appearance of the under-eye area.
- Gently massage a few drops of Yarrow|Pom oil into the face and neck after cleansing to lock in hydration and support a radiant glow.
- Add to your skincare routine morning or evening to promote healthy skin.
- Create a soothing massage experience with a few drops of Yarrow|Pom.
- Inhale to support feelings of relaxation and calm.

### Why She'll Love It

It's a first-of-its-kind blend that promotes a smooth, glowing complexion. Containing Chamazulene, a powerful antioxidant that gives the oil its distinctive blue colour, it supports a youthful, radiant appearance and has potent anti-inflammatory properties.



# Clean Beauty Tips

Featuring Yarrow|Pom Oil

## DIYs

### Luxe Nourishing Face Oil

A deeply nourishing face oil designed to support smoother, firmer looking skin.

5 drops Yarrow|Pom  
3 drops Frankincense  
2 drops Blue Tansy  
15mL jojoba oil  
10mL rosehip oil  
5mL evening primrose oil  
30mL glass dropper bottle

#### Method

Add Yarrow|Pom, Frankincense and Blue Tansy essential oils to the empty dropper bottle.

Top with jojoba oil, rosehip oil, and evening primrose oil.

Secure the lid and gently shake the bottle between your hands to blend.

#### How to use

Apply 2–3 drops to clean, slightly damp skin morning or night.

Press gently into the face, neck and décolletage using upward motions.

Follow with moisturiser and sunscreen during the day.

### Reviving Body Oil

Create a spa-like experience at home and relieve heavy legs and feet after long days.

13 drops Yarrow|Pom  
10 drops Cypress  
7 drops Lemon  
15mL Fractionated Coconut Oil  
35mL jojoba oil  
50mL glass pump bottle

#### Method

Add Yarrow|Pom, Cypress and Lemon essential oils to the empty pump bottle.

Top with Fractionated Coconut Oil and jojoba oil.

Secure the lid and gently roll or shake the bottle to blend.

#### How to use

Massage into legs using firm, upward strokes from ankles toward thighs.

Ideal after long days on your feet or as part of an evening self-care routine.







## Touch Trio

This versatile and opulent fragrance wardrobe offers a low-tox alternative to traditional perfume, allowing her to choose how she wants to feel each day while supporting her wellbeing. Pre-diluted in Fractionated Coconut Oil, each Touch roller is ready to apply and easy to layer, creating a personalised aroma that reflects her mood. They make a meaningful Mother's Day gift that both combines the most exquisite floral scents and supports emotional wellbeing, all at once.

### Osmanthus Touch 10mL

The complex aroma of Osmanthus Touch is rich, sweet and fruity, with hints of apricot and pear. It supports emotional reassurance and comfort with its soft warmth.

### Magnolia Touch 10mL

Creamy and elegantly aromatic, this floral scent encourages calm confidence and composure, perfect to use as a captivating personal fragrance with its garden-fresh finish.

### Citrus Bloom® Touch 10mL

A harmonious balance of bright citrus and floral notes, this uplifting blend inspires joy and optimism.

SAVE  
20%



## Usage Tips

- Use on their own for a captivating personal fragrance or try together as part of a nuanced fragranced wardrobe.
- Choose one oil to match your mood for the day:  
**Osmanthus** for floral warmth and reassurance.  
**Magnolia** for calm confidence and elegance.  
**Citrus Bloom** to lift your mood.
- Try together for a richly layered aroma:  
Apply **Magnolia** as a base, add **Osmanthus** for warmth and finish with **Citrus Bloom** for a fresh, uplifting note.  
Each combination creates a personalised floral expression.

## Why She'll Love It

A natural, low-tox alternative to perfume with no chemicals, synthetic fragrances or fillers. Support her wellbeing while allowing her to create a personalised fragrance profile.

SAVE  
20%





# Clean Beauty Tips

Featuring Touch Trio

## Quick Tip

### Osmanthus | Skin Soothing Touch-Up

When skin feels tight or dry during the day, roll lightly across the cheeks and press in with fingertips.

It instantly brings back comfort and supports glow without disturbing makeup.

### Magnolia | Soft Radiance Skin Boost

Roll a small amount onto five points of the face: forehead, both cheeks, chin and neck.

Press gently with your palms to distribute the oil and create an even, soft glow across the complexion. Follow with your favourite moisturiser to lock in radiance and smooth areas that feel dehydrated.



### Citrus Bloom | Hair Perfuming Ritual

Apply a small amount to fingertips and smooth lightly over the ends of dry hair.

This adds an uplifting floral scent for a natural hair perfume and a glossy shine to the hair.







## Lumist Diffuser Bundle

*Create a home environment that feels warm and welcoming.*

Simplicity™ encourages her to slow down and feel more settled with the woody, resinous notes of Frankincense, Myrrh, Vetiver and Cedarwood.

Layered with the comforting aromas of Wild Orange, Vanilla and Tonka Bean, it creates a space that feels familiar and reassuring, without any synthetic fragrances.

The Lumist Natural Diffuser elevates any décor with its timeless natural finish and elegant design, gently dispersing mist with motion-activated technology and creating the perfect aromatic ambience.

Paired together, they make it easy for busy mums to establish consistent, low-tox routines that support grounding and meaningful connection, turning everyday spaces into welcoming sanctuaries.

## Lumist Diffuser

Compact and elegant, this motion-activated diffuser blends seamlessly into any interior. With its natural, minimalist finish, the Lumist Diffuser operates without water, making it effortless to create the perfect aromatic atmosphere.

Designed to remain in standby until movement is detected, this powerful mini releases your favourite oil or blend the moment someone enters the room.



# Simplicity™ Cosy Blend

## 15mL

Treasured family and friends will immediately feel warm and welcome with the sweet, woody Simplicity™ Cosy Blend. Capturing the pleasure of familiarity and comfort, it contains the fresh aroma of CPTG® Certified Pure Tested Grade Wild Orange, the grounding, earthy notes of Cedarwood, Frankincense, Myrrh and Vetiver and the warmth of Tonka Bean and Vanilla absolute.

### Usage Tips

- Use together for an inviting environment that's perfect for hosting family and friends or quiet evenings at home.
- Dilute Simplicity™ and spray on upholstery for a comforting atmosphere.
- Diffuse during evening wind-down rituals to help create a grounded space for rest and connection.

### Why She'll Love It

It transforms everyday spaces into inviting sanctuaries where she can slow down and let go of daily stresses.



# Clean Beauty Tips

Featuring Lumist Diffuser Bundle

## DIYs

### Soft Cashmere Purefume Roller

An elegant, exquisite scent that will make her feel special no matter where she's going.

6 drops Madagascar Vanilla  
3 drops Magnolia  
3 drops Frankincense  
2 drops Simplicity™ Cosy Blend  
10mL roller bottle  
Fractionated Coconut Oil to fill

#### Method

Add Simplicity™, Magnolia, Frankincense, and Madagascar Vanilla directly to the roller bottle.

Fill the bottle to the top with Fractionated Coconut Oil.

Insert the roller ball, secure the cap, and gently shake the bottle to blend.

#### How to use

Apply to wrists, décolletage, or behind the ears as a personal fragrance. Reapply as desired throughout the day.

### Cosy Simplicity Master Blend

A balanced home blend centred around the comforting aroma of Simplicity™ Cosy Blend. This versatile master blend is designed to create a sense of calm familiarity wherever it's used.

40 drops of Simplicity™  
40 drops of Balance®  
40 drops of Grapefruit  
40 drops of Madagascar Vanilla  
20-30mL dropper bottle

#### Method

Combine all your essential oils in your dropper bottle and shake gently to mix.

Designed to move with you from room to room, this blend brings a quiet sense of warmth and ease to everyday moments.

#### How to use

Add a few drops to wool dryer balls for warm, comforting laundry.

Combine with bicarbonate soda in a small jar to gently freshen the linen cupboard.

Diffuse 4-6 drops to create a consistent, welcoming atmosphere throughout the home.

Blend into a room spray for a rest between cleans.





# Diffuser Blends

Featuring Simplicity™ Cosy Blend

## Blends

### Wind Down

2 drops Simplicity™  
3 drops Lavender  
2 drops Copaiba  
2 drops Madagascar Vanilla

### Snuggle Up

2 drops Simplicity™  
2 drops Lavender  
1 drop Easy Air®

### Sunshine

3 drops Simplicity™  
3 drops Citrus Bliss®  
3 drops Grapefruit



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AUSTRALIA & NEW ZEALAND

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